



Heating and Cooling Policy

Intercollegiate Halls

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<i>Heating Season</i>	3
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<i>Maximum heating temperatures</i>	



The government has set a 2050 deadline to bring all UK greenhouse gas emissions to net zero. This

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Cooling is not provided in residential buildings.

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We understand that everyone's tolerance for the cold is different but here are some quick and easy tips to make sure that you are not uncomfortable in the colder months.

Wear appropriate clothing; if possible, put on extra layers to help insulate your body, this is one of the most effective but easy to forget hacks for keeping warm.

Don't forget your head and feet. A hat and a comfy pair of warm slippers can be an inexpensive way of feeling cosy in your room.

Staying stationary for long periods can cause you to feel a bit chilly. Try getting up and moving around for a short period. A short walk, some light exercise or stretches will help warm you up.

Consider investing in a thicker duvet for the cold months of the year.

Don't block your radiators with furniture, clothing, towels etc. let the heat fill your room.

Keep doors and windows closed, this will keep the heat in and reduce cold draughts.

If you notice any poorly fitting windows or doors or if they don't close fully they'll be leaking heat, so report them to your Halls Management Team at reception for repair.

If you spot any doors or windows which need draught proofing, report them to your Halls Management Team at reception so they can look into the issue.

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Similarly in the summer you may get a little hot, try these tips to keep cool when it is hot outside.

Use opening windows and doors to try create a through-flow of fresh air.

Adjust blinds to keep out direct sunlight.

If you have high and low level windows, grilles or vents in your space, try to ensure these are open to help provide an updraft cooling effect.

The need for cooling can be reduced by switching off electrical equipment and lighting when not needed.

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If you believe your room or an area of your hall is hotter or colder than outlined in this policy and you have tried the above measures, please contact your Halls Management Team at reception who are here to assist.

Please note, the Health & Safety Executive recommend a minimum temperature for sedentary staff at 16°C. For non-sedentary staff it is 13°C. There is no legal maximum temperature for working (Health and Safety England).

